



GUIDELINES FOR THE CARE AND MAINTENANCE OF YOUR ATHLETICS TRACK



Advanced Polymer Technology

109 Conica Lane, PO Box 160
Harmony PA 16037

Phone: 724-452-1330

Fax: 724-452-1703

www.rekortanspartan.com



INTRODUCTION

Maintenance of your synthetic Rekortan®/Spurtan® athletic track surface is essential to ensure quality performance for athletes, minimize potential for injury, appearance, and long term durability.

It is important to understand an appropriate, disciplined maintenance regime must be established and performed to ensure the track is kept in top condition.

This manual is aimed at assisting you to get the maximum value from your Rekortan®/Spurtan® surface. You will achieve the expected performance and longevity by following the simple rules below:

1. Keep it clean.
2. Don't allow any unsuitable activity to damage the surface (such as driving heavy vehicles across the surface unsupervised, leaving excessive loads on the track for extended periods, allowing athletes to undertake inappropriate activity or utilize unsuitable equipment).
3. Any damage should be assessed and repaired at the earliest possible opportunity.
4. If any uncertainty exists on a planned or proposed activity that could raise cause or concern check with an APT Approved Installer.

We expect that many of the commonly asked questions will be answered in this manual. Should you require further information, please contact our head office for assistance.

Advanced Polymer Technology

109 Conica Lane P.O. Box 160

Harmony, PA 16037

Ph: 724-452-1330

Fax: 724-452-1703

Web: www.rekortanspurtan.com

Email: info@advpolytech.com

This manual is intended for use by personnel responsible for regular maintenance of the track. Be sure to present a copy to all appropriate people.

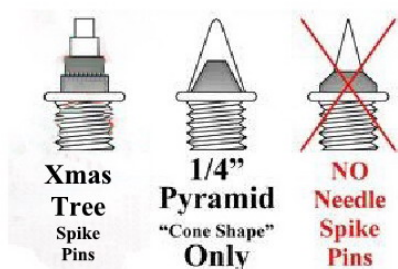
SPIKE RULES

APT and APT Approved Installers only permit **'Pyramid'** or **'Christmas Tree'** spikes (also called *compression tiered spikes*) to be used on the track for athletic activity.

These spikes will provide ideal performance for athletes on the Rekortan®/Spartan® surface and certainly result in less damage due to flatter profile and therefore lower point load. They are designed to compress the surface rather than dig in, providing energy restitution to the athlete, especially for sprinting events.

Waffle type soles, cleats or hard soled shoes should not be used in competition on the track.

NOTE: 'Needle' or 'Pin' spikes are strictly not allowed and usage of these spikes will affect your warranty.



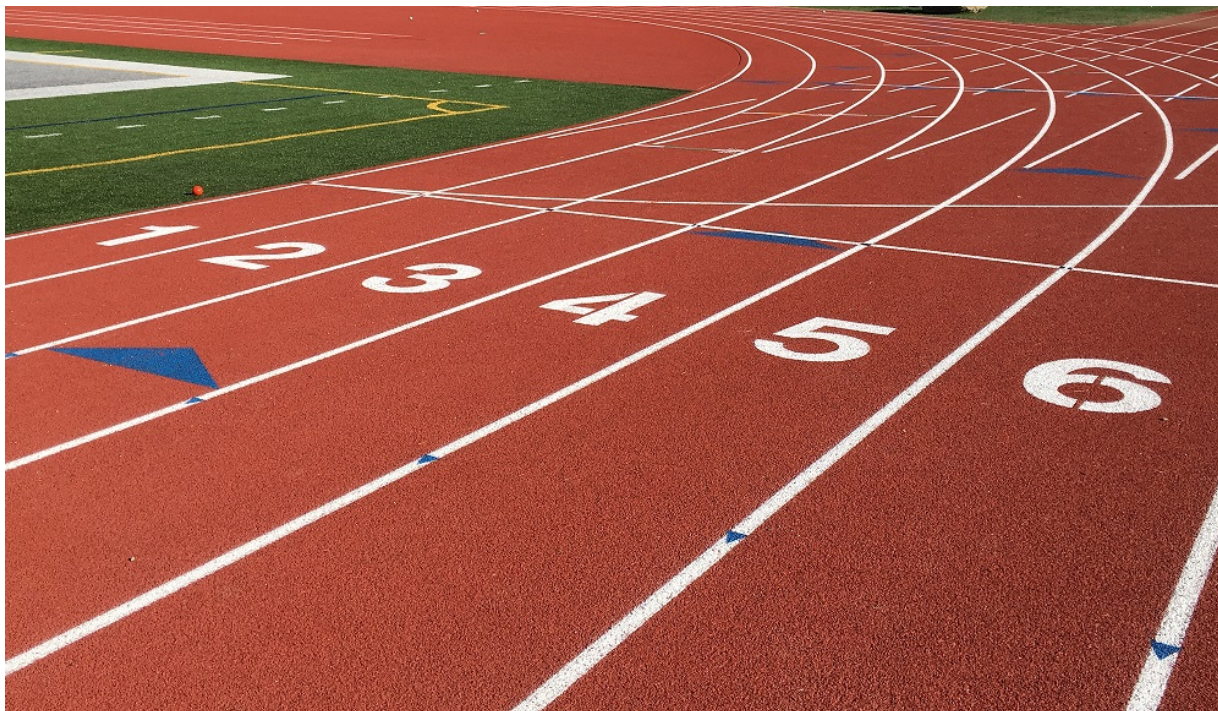
Maximum length spikes are essential to performance and track longevity.

- Running activity maximum of 1/4"
- Throw and Jump activity maximum of 3/8"

Supervision and attention of activity at start locations is strongly recommended to ensure minimization of damage from starting blocks.

APT and APT Approved Installers offer specific recommendations due to the variety of track systems and footwear available. Any spikes worn should be of the above nature and we strongly encourage you to advise all athletes and facility users of our recommendation.

Start locations for sprinting activity are subjected to high wear and as such will require some rectification work prior to full resurfacing of the track. Control of the activity in these locations and lateral thinking by moving regular 'sprint start training activity' to less used areas of the track (rear straight, behind marshalling area at 100m hurdle start, etc) will reduce the need for expensive part-resurfacing works during the mid-stages of the track life.



ADDITIONAL TRACK MARKS

Should you require additional markings on the surface, please consult your APT approved installer prior to undertaking any painting. An incorrect application could result in unwanted permanent markings, while use of an improper paint could result in damage to the track surface.

MINIMIZE SURFACE DAMAGE

Through regular athletic competition the inside lanes are subjected to more wear than the remainder of the track. To help spread usage across the entire track surface and prevent premature wear of the inner lanes, training access to the 1st and 2nd lanes should be restricted.

This can be done effectively with lockable barriers installed adjacent to the inside of the track. If these cannot be installed, then temporary measures such as traffic cones or movable barriers should be used to regulate track usage during training activity.

Many athletic tracks are installed with additional sprint facilities incorporated on the rear straight. To reduce stress on the main sprint event starting positions, sprint training should be conducted on the rear straight, where possible.



TRAFFIC MOVEMENT & LOADING

Vehicles should not be allowed to be driven on the track surface.

Your track surface and warranty will be affected by:

- Oil or fuel spills or drips onto the surface.
- Sudden starting or twisting of wheels under load.
- Excess traffic loading

If a vehicle is needed to cross the track, the vehicle must not allow oil, fuel or other fluid leaks onto the track surface. If such a leak does occur, wash the area immediately with a neutral pH, non-foaming detergent and flush thoroughly with cold water.

With regard to moving vehicles and weight the following applies:

- Use vehicles with pneumatic tires ONLY
- Total weight of the loaded vehicle must NOT exceed 4 ton
- Average load per wheel must NOT exceed 1 ton
- Where any uncertainty exists with a particular vehicle type or loading, dual layers of plywood must be laid in a brick-bond pattern to spread the load and eliminate point loading.
- Vehicle operators must be cautioned against:
 - Sudden twisting or turning of wheels.
 - Quick starting or stopping on the surface.
 - Planks or rails must be used when taking a loaded vehicle across the internal drainage at all times, to avoid damage to this lightweight structure.
 - The raised aluminum track curbing is not trafficable and curbing sections must be removed to enable vehicle access across the track, when required.
 - It is highly recommended an access point and path is determined prior to crossing the track edge.
- Avoid heavy traffic on your track in hot weather (above 86° F/ 30° C)
- Use of wheeled vehicles (bicycles, two wheelers, three wheelers, four wheelers, strollers, roller blades, etc.) could damage the track surface and are not recommended on the track surface.
- Provide protection, such as plywood in any area subject to equipment traffic and in area of high pedestrian traffic. Indoor-outdoor carpet serves this purpose in area of light pedestrian traffic, football players, cheerleaders, etc. This is not a permanent solution and if left in place for long periods of time, it may leave stains on the track surface.
- Do not permit sharp, hard objects such as bicycle stands, bench legs, stands, etc. to be placed on the track without proper protection.



MAINTENANCE

There are a number of factors that cause deterioration of the track and create a need for maintenance work. These would include such items as the following;

1. Normal wear and tear due to track use.
2. Oxidation.
3. Heavy use of Lanes One and Two.
4. Vehicles crossing the surface for maintenance or other operations.
5. Vandalism.
6. Clogged drainage systems.
7. High stress on selected areas (i.e., the high jump take off area) Pedestrian traffic (athletes, cheerleaders, other activities). Fuel and oil spills.

It is important that reasonable protective measure be undertaken to minimize or prevent the effect these factors have on the track. Since some wear and deterioration is normal as the facility ages, it is also necessary to provide certain maintenance procedures to keep the facility in good condition.

Check your track and maintain regularly to avoid any impact on the track performance.

Things to consider when working out how regularly surface maintenance is required are:

- The condition of other nearby natural turf surfaces (grassed areas, internal field, etc.)
- Shaded, tree covered track areas where algae or moss might form around fallen leaves.
- Attention to cleaning and clearing beneath the internal aluminum running rail.



Always sweep/vacuum any litter, dirt/mud, grass cuttings, leaves or sand off the track surface at the first opportunity. This can be done in the first instance by hand or with leaf blowers, although specialized equipment is also available to undertake this activity on a more thorough basis. Track surface should be swept/vacuumed on a regular basis (monthly).

Routine sweeping to remove grass clippings & vegetation is critical to prevent accumulation of organic material on the track surface. If left unattended, organic material can cause staining and hardening of the track surface.

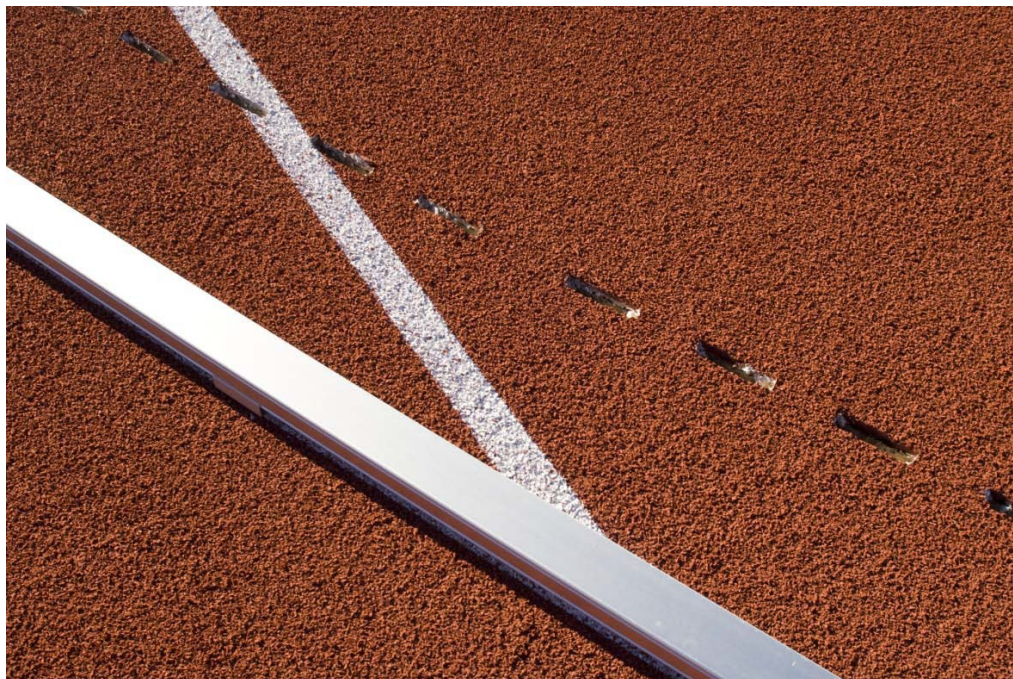
Remove vegetation that grows through the surface. Do not let running grasses grow over the surface of the track and field event areas. We recommend that the edges of the track and field event areas be treated a minimum of twice annually with a soil sterilant to eliminate vegetation which may encroach into the track or track surface. Do not use a weed eater on the track to eliminate vegetation, as it will destroy the surface.

Eradicate insect/ant infestation in the track base or surface.

If the Rekortan®/Spartan® track system is an embedded surface, the installation when new will show some initial shedding of the rubber granules. The granules will shed through regular usage of the track and this is a normal feature of this type of track system. The shedding of granules does not indicate premature failure of the system.

Loose rubber granule should be periodically removed from the track surface to prevent collection under the aluminum track curbing, which can impede the drainage performance of the facility.

It is also essential that drainage channels, grates, sumps and the slotted drainage openings around the D-sections are kept clean and free of obstruction to maintain maximum drainage efficiency.



Ensure that the underside of the track curbing & drainage openings are kept free of obstruction

To comply with IAAF requirements, a raised aluminum curb or running rail is installed on the inner edge of your track. This rail is segmented and designed to be removable as part of regular athletics competition and for maintenance purposes (i.e. track cleaning or vehicular access).

It is important to note that the aluminum rail is not designed to be trafficable and if vehicle access to the track infield or D-sections is required, then segments of the rail must first be removed to enable vehicle access.

Where sand is blown or tracked onto the track surface (near long and triple jump pits), sweep and clean these areas on a regular basis.

Regularly remove weeds and trim grass at track edge. Those responsible for the regular maintenance activity should be conscious of the track maintenance requirements and ensure that surrounding areas are designed/maintained to ensure that storm water run-off is not restricted by raised surfaces adjacent to the track.



Washing of track to be done with rotary cleaning head & hand held pressure cleaner

CLEANING

APT and Approved Installers strongly recommend a full track pressure cleaning be undertaken every two years and after any event that may cause water inundation or widespread dirt build-up on the track surface. This should be done with a combination of a rotary pressure cleaning head and medium pressure hand wand (combination shown above).

APT Approved Installers should be contacted to ensure clear directions before undertaking the first pressure cleaning, to ensure a clear direction on what is required and how to conduct the works.

Ideally the aluminum rail should be cleaned occasionally with liquid detergent on a damp cloth and the rail fixing equipment (pins, mounting brackets and covers) checked.

REPAIRS

Should any accidental damage occur, small bubbles or signs of delamination be detected or excessive wear appear prematurely; call an APT Approved Installers immediately for a site visit, repair activity or immediate temporary instruction.

Any repair work should be done by qualified, trained, experienced technicians.



**THIS DIRECTLY AFFECTS THE LONGEVITY OF THE SURFACE DO NOT
LET UNTRAINED PERSONNEL UNDERTAKE THIS TASK!**

By applying the requirements and recommendations of this maintenance manual,
your Rekortan ® / Spurtan ® track system will provide many years of service.

We hope you enjoy your new Rekortan ® or Spurtan ® synthetic track surface.

Advanced Polymer Technology and APT Approved Installers